

	PERIOD 1	PERIOD 2	BREAK	PERIOD 3	PERIOD 4	LUNCH	BREAK	PERIOD 5	PERIOD 6	BREAK	PERIOD 7
MON	Maths	Mindfulness		English	Geography			Science	Science		Art / Music
TUE	English	PSHE		PE	PE			ICT	ICT		Spanish
WED	History	Geography		Spanish	Maths			Spanish	Art / Music		Science
THU	Maths	English		History	Spanish			Tennis	Mindfulness		PSHE
FRI	Science	English		Maths	Maths			Art / Music	Spanish		Spanish